PUEBLA AMERICAN SCHOOL FOUNDATION 1942 A.S.

Home screening checklist

Before leaving home, parents and School staff should carry out the following screening in order to ensure that they are not demonstrating any signs or symptoms of respiratory illness. The checklist below will offer a formal and systematic approach to the at-home health screening.

Symptom/ **Date:**	**Monday**		**Tuesday**		**Wednesday**		**Thursday**		**Friday**	
	No	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**	**Yes**
Fever above 37.5°C?										
Difficulty breathing?										
Headache or muscle ache?										
Cough?										
Runny nose?										
Sore throat?										
Stuffy nose or loss of smell?										
Red eyes for no apparent reason?										
Diarrhea, nausea or loss of appetite?										
Have you had contact with someone who is experiencing respiratory illness or has tested positive for COVID-19 in the last week?										